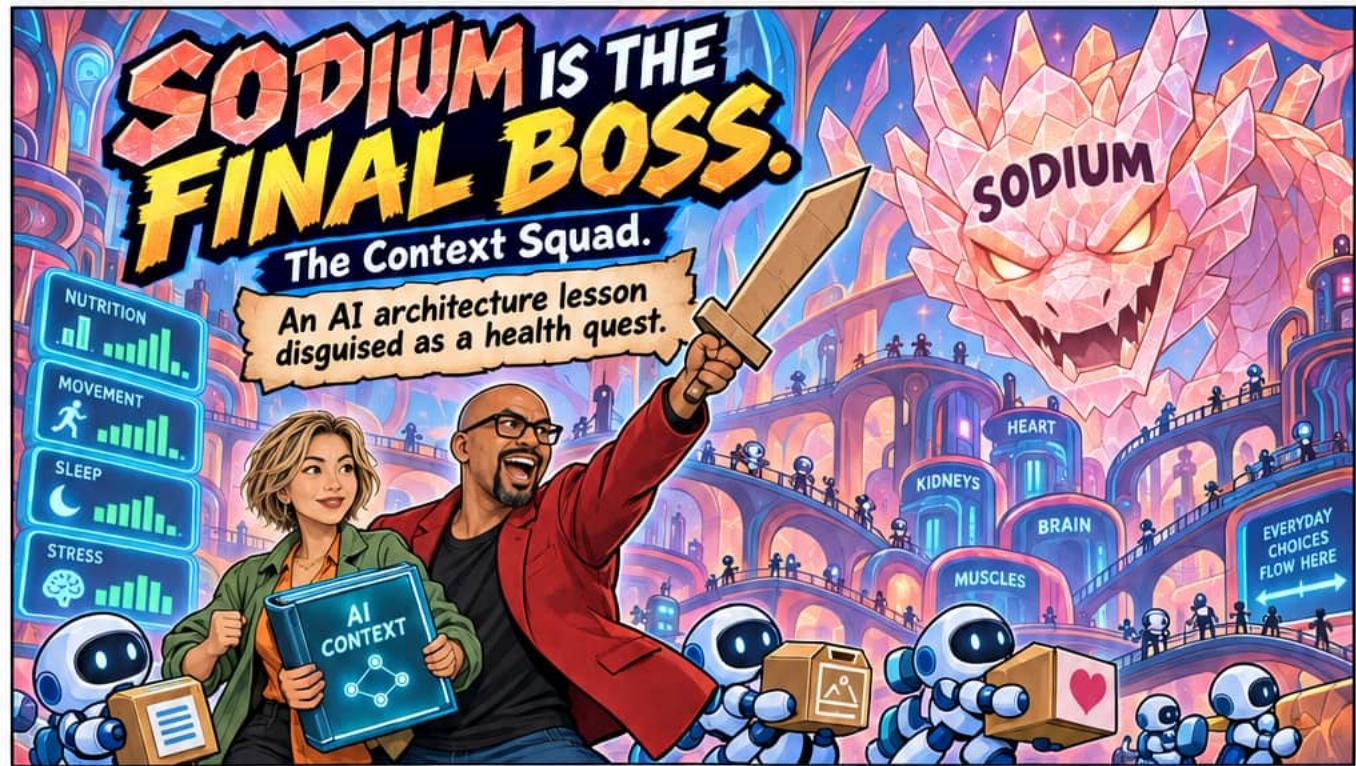


SODIUM IS THE FINAL BOSS.

The Context Squad.

An AI architecture lesson disguised as a health quest.



I built an AI health RPG.
Therefore, I have defeated fitness!



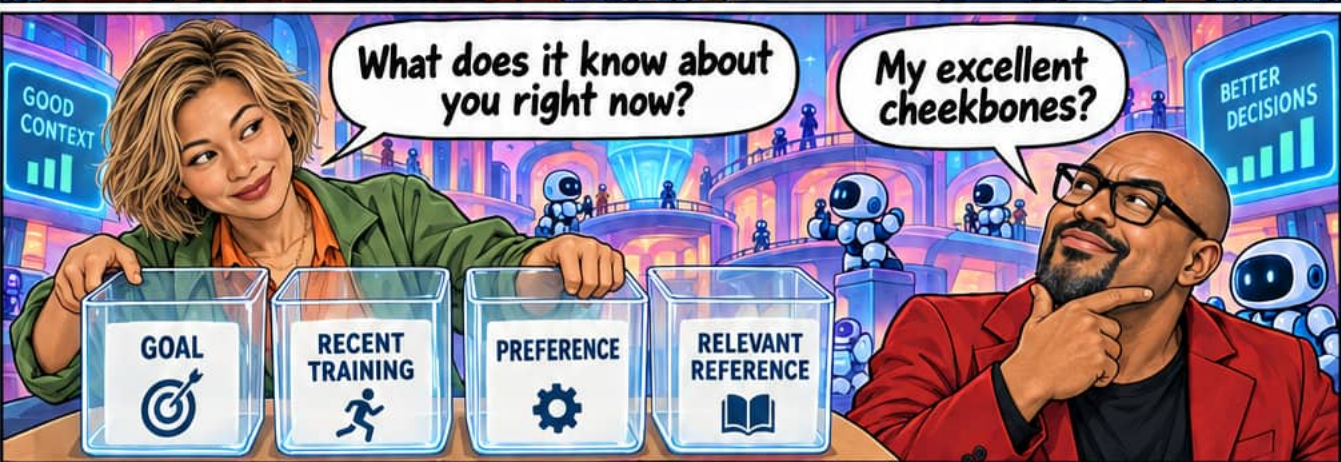
The app did not do
a single push-up for you.



Then why is the chatbot
forgetting everything?

Now THAT
is our boss fight.







SPECIFY THE BEHAVIOR.

Is lunch a spreadsheet exam?

Food Type
Brand
Portion Size
Preparation

Meal Occasion
Cooking Method
Additives
Serving Size

Type
Brand
Portion Size
Preparation

Food Category
Specific Item
Portion Size
Ripeness

Beverage Type
Brand
Amount
Temperature

Compare existing apps before building another annoying one.

STRENGTHS



WEAKNESSES



OPPORTUNITIES



RISKS



I describe a meal and training in normal language. The app stores it and gives one useful observation.



MEAL + TRAINING



AI

INSIGHT

Build that loop first.

The boss cannot hide behind a settings page!

SODIUM

LATER

THE SMALLEST COMPLETE LOOP.

I had soup and a sandwich.

FOOD NOTES IN →

Let the AI structure the note. Review uncertain details before saving.

MEAL



Soup and sandwich

ESTIMATE

???

TIME

Today

CONFIRM?

Save the checked entry; don't rely on chat memory.

MEAL
ESTIMATE
TIME

Soup and sandwich
???
Today

MY DAY'S LOG

TODAY

YESTERDAY

THIS WEEK

THIS MONTH

It answered from my record!

AI ASSISTANT

YOUR SAVED MEAL



Soup and sandwich

ESTIMATE

???

TIME

Today

ONE MEAL LOGGED TODAY



ESTIMATE
NEEDS REVIEW

SOURCE: TODAY'S LOG

One completed loop beats twelve unfinished dashboards.

MEMORY IS NOT THE LIBRARY.

All my training notes. In every request!

SODIUM

Conversations, your history, and outside reference material age differently.

CHAT NOW

SAVED FACTS

REFERENCE LIBRARY

RETRIEVAL LIBRARIAN

FIND MATCH NOT EVERYTHING

Fetch only the relevant document and show where it came from.

SOURCE: Training Notes (2024-04-12)

UNRELATED TOPICS

OTHER SOURCES

So RAG is the librarian, not the boss?

SODIUM

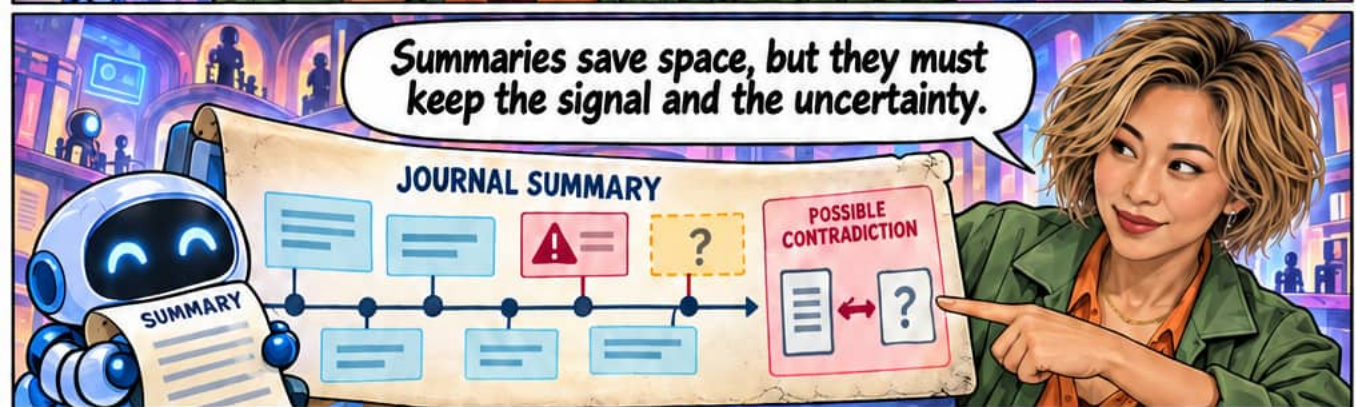
??

Exactly.

RIGHT SOURCE RIGHT ANSWER

GOURMET PANCAKES

SOURCE: Random Blog (2016-08-03)





TUESDAY BEATS THE DEMO.

It worked once!

TUESDAY

An enterprise assistant has the same context problem.

CURRENT CASE



RECENT HISTORY



DURABLE CUSTOMER FACTS



ONE APPLICABLE POLICY



SUPPORT HQ

So it does not need every email since 2008?

It needs the evidence for the answer now.

COMPANY WIKI

Cite the case and policy. Admit what you don't know.

Here's the answer based on the case and policy.

[CASE-4827]

[POLICY-17]

UNKNOWN WHEN MISSING.

The Tuesday test is cruel but fair.

BEAT THE BOSS WITH A LOOP.

Final attack: **MORE PROMPT!**

Try a better process.

MEAL LOG



SODIUM



1. PICK ONE BEHAVIOR.



2. LOG REAL DATA.



3. SEPARATE CONTEXT.



4. RETRIEVE RELEVANT SOURCES.



5. CHECK THE ANSWER.

?

SODIUM

Use it daily.
Fix the friction
you actually encounter.

We beat the
architecture boss!

PROGRESS
BUILDS
FREEDOM

DESCRIBE

CONFIRM

SAVE

RETRIEVE

REVIEW

SODIUM

BETTER
QUESTIONS

BRIGHTER
ANSWERS

HEALTHIER
YOU

The app can help you
learn. You still take
the steps.

And the boss still
wants a rematch.

SAME
QUESTIONS
STRONGER
YOU

THE END • patrickz.ai